

# Dr Jireh Serfontein

MySexualHealth.co.za

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## Resume

Dr Jireh Serfontein is a general practitioner with a special interest in sexual medicine and HIV management. She has been part of the My Sexual Health team since 2013 and is now the sole owner of the My Sexual Health Pretoria branch. My Sexual Health is the only integrated sexual health clinic in South Africa.

She completed her medical degree through the University of Pretoria and holds a Diploma in HIV management through the College of Medicine of South Africa. She is currently busy with a Masters in Sexual Medicine through the University of Sydney.

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## Education

- MBChB (University of Pretoria, SA) 2009
- Dip HIV Management ( College of Medicine, SA) 2014

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## Experience

**MySexualHealth.co.za:** Part of the multi - disciplinary team since February 2013 and is involved in the management of people living with HIV, sexual transmitted infections (STI), sexual dysfunctions, sexual pain disorders and sexual health screening.

**Academic contributions:** Was involved with TuksRes at the University of Pretoria educating students on the basics of sexual health. Lectured at Wilgers Trauma Unit as well as industry sponsored meetings.

**Memberships:** SASHA (South African Sexual Health Association), South African HIV Clinician Society, International and European Society for Sexual Medicine, Pretoria Pelvo-perineal Pain Forum

### Previous:

**Wilgers Trauma Unit (Pretoria, SA):** Gaining experience in emergency medicine and updated the STI treatment guidelines as well as the Post Exposure Prophylaxis guidelines.

**Medical Officer - Family Medicine Kalafong Hospital (Pretoria, SA)** Gaining experience in minor surgeries, emergency medicine, psychiatric acute admission and the management of patients infected with HIV and STIs.

**Courses Attended:** Basic Life Support, Advanced Cardiac Life Support, Essential Steps in Managing Obstetric Emergencies, Advanced Trauma Life Support, Paediatric Advanced Life Support, AIMES, Clinical HIV Management Course